



SCHOOL MENU – Autumn Term 2017

	WEEK 1 served w/c: 4 th and 25 th Sept, 16 th Oct, 13 th Nov, 4 th Dec	WEEK 2 served w/c: 11 th Sept, 2 nd and 30 th Oct, 20 th Nov, 11 th Dec	WEEK 3 served w/c: 18 th Sept, 9 th Oct, 6 th and 27 th Nov, 18 th Dec
Monday	Meat Free Monday Quorn Tikka Masala & Brown Rice Broccoli & Sweetcorn Herbie Bread ***** Sticky Toffee Pudding & Custard	Organic Pork Meatballs in Tomato sauce with noodles Sweetcorn & Peas Wholemeal Bread ***** Arctic Roll & Peaches	v Roasted Vegetable Tomato Pasta Peas & Carrots Sunflower Seed Bread ***** Rice Pudding & Mandarins
Tuesday	Homemade Sausage Roll Chipped Potatoes, Baked Beans & Peas Sliced Wholemeal Bread ***** Strawberry Yoghurt & Abbey Biscuit	Sausages Medley of Roasted Vegetables, Savoy Cabbage Pitta Bread ***** Apple Cinnamon Crunch Crumble & Custard	Chicken Pie Savoy Cabbage & Carrots Creamed Potatoes Crusty White Bread ***** Custard Cookie & Apple Wedge
Wednesday	Roast Beef & Yorkshire Pudding Roast Parsnips & Carrots, Creamed Potatoes Crusty Bread ***** Apricot Bar	Roast Chicken, Stuffing & Gravy Carrots & Green Beans, Parsley Potatoes Herbie Bread ***** Krispie Date Crunch	Organic beefburger in a Home made Poppy Seed bun Green Salad & Tomatoes ***** Autumn Marble Berry Sponge & Custard
Thursday	Chicken Fingers (Sage & Onion) Mixed Salad with Beetroot, Baked Potatoes Pitta Bread ***** Pineapple Shortcake & Custard	Pizza Veg Sticks, Chipped Potatoes Poppy Seed Bread ***** Chocolate Surprise Cake & Chocolate custard	Chicken Korma & Savoury Rice Broccoli & Cauliflower, Naan Bread ***** Fruity Gingerbread & Custard
Friday	Battered Fish, Tomato Sauce Peas & Carrots Sticks, Potato Wedges Sunflower Seed Bread ***** Chocolate Crispie & Orange Quarter	Breaded Salmon Fillet, Tomato Sauce Broccoli & Carrots, Potato Wedges Tomato Bread ***** Swiss Bun	Fish Fingers Sweetcorn & Baked Beans, Chipped Potatoes Wholemeal Bread ***** Apple Cake & custard

All main meals are served with a selection of:
 Seasonal vegetable or salad
 Home cooked potatoes
 Freshly baked bread



Deli bar

Each day we offer a range of deli style options.
 Baguette with a choice of fillings: cheese; tuna; egg; or ham
 Baked potato with choice of fillings: cheese; tuna, baked beans or cheese & baked beans



A Sweet Treat

Fancy a little something extra after lunch?
 You can choose from home-made dessert of the day or fresh fruit or yoghurt – yum!

