

## **Husthwaite and Sessay CE Primary Federation**

## **Policy for Intimate Care**

Chair of Governors Approval: Mrs Louisa Carolan & Mr Jim Squelch

**Executive Headteacher Approval:** Miss Fiona Bennett

Members of Staff Responsible: Mrs Trudi Jackson / Mrs Katherine Bennison / Mrs Katie Tyrka

Reviewing Committee: FGB

Date of Adoption: September 2022

Date Reviewed: September 2023

Statutory / Non Statutory: Non Statutory

## **Our Vision**



'Growing together in love and learning'



At the Husthwaite and Sessay CE Primary Federation our vision is to provide a happy, caring and stimulating environment where children will recognise and achieve their full potential, so that they can make their best contribution to society.

The Federation is a family where:

- · everybody is welcomed and you are not alone
- we pray together
- we are honest, open and respect and care for everyone and everything in our unique and rural community.

As a Federation we encourage a growth mindset, set high standards of learning and celebrate the achievements of every child within our exciting, broad and balanced curriculum. Our curriculum is based upon our Christian values. It is inclusive and through inquisitive and creative minds our children develop their self-confidence as learners and are encouraged to progress socially, emotionally and spiritually.

The Federation is a place where **everyone** is different and **everyone** is important.

"Teach a child to choose the right path, and when they are older, they will remain upon it." (Proverbs 22:6)

#### Statement of intent

The Husthwaite and Sessay CE Federation understands the importance of its responsibility to safeguard and promote the welfare of children.

Pupils may require assistance with intimate care as a result of their age or due to having special educational needs and disabilities (SEND). In all instances, effective safeguarding procedures are of paramount importance.

The Husthwaite and Sessay CE Federation has developed this policy in order to ensure that all staff responsible for providing intimate care undertake their duties in a professional manner at all times, and treat children with sensitivity and respect.

The federation is committed to providing intimate care for children in ways that:

- Maintain their dignity.
- Are sensitive to their needs and preferences.
- Maximise their safety and comfort.
- Protect them against intrusion and abuse.
- Respect the child's right to give or withdraw their consent.
- Encourage the child to care for themselves as much as they are able to.
- Protect the rights of all others involved.

## Legal framework

1.1. This policy has due regard to statutory legislation, including, but not limited to, the following:

**Equality Act 2010** 

Safeguarding Vulnerable Groups Act 2006

Childcare Act 2006

**Education Act 2002** 

**Education Act 2011** 

Control of Substances Hazardous to Health Regulations 2002 (as amended in 2004)

## What is intimate care?

- 2.1. For the purpose of this policy, "intimate care" is the hands-on, physical care in personal hygiene, as well as physical presence or observation during such activities.
- 2.2. Intimate care includes the following:
  - Body bathing other than to the arms, face and legs below the knee
  - Application of medical treatment other than to the arms, face and legs below the knee
  - Toileting, wiping and care in the genital and anal areas
  - Nappy Changing
  - · Dressing and undressing

## Roles and responsibilities

- 3.1. The executive headteacher is responsible for ensuring that intimate care is conducted professionally and sensitively by all appropriate members of staff.
- 3.2. The executive headteacher and class teachers are responsible for ensuring that the intimate care of all children is carefully planned, including individual plans following discussions with the parent/carer and the child.
- 3.3. The class teacher is responsible for communicating with parents/carers in order to establish effective partnerships when providing intimate care to children.
- 3.4. The executive headteacher and senior teachers are responsible for handling any complaints about the provision of intimate care in line with the federation's Complaints Procedure Policy.
- 3.5. All members of staff who provide intimate care are responsible for undertaking intimate care practice respectfully, sensitively and in line with the guidelines outlined in this policy.
- 3.6. Parents/carers are responsible for liaising with the school to communicate their wishes in regards to the child's intimate care.
- 3.7. Parents/carers are responsible for providing their consent to the school's provision of their child's intimate care.
- 3.8. Parents/carers are responsible for adhering to their duties and contributions to their child's intimate care plan, as outlined in this policy.

#### **Procedures for intimate care**

- 4.1. Staff who provide intimate care will know the personalised changing times for the children in their care, which will be adhered to at all times and will be shared with parents/carers.
- 4.2. Staff who provide intimate care will conduct intimate care procedures in addition to the designated changing times if it is necessary; no child will be left in wet/soiled clothing or nappies.
- 4.3. If the EYFS staff will change the child adhering to the arranged times.
- 4.4. Each child using nappies will have a clearly labelled bag or box allocated to them in which there will be clean nappies, wipes and any other individual changing equipment necessary.
- 4.5. Before changing a child's nappy, members of staff will put on disposable gloves and the changing area will be cleaned appropriately using disposable blue roll paper and soap and hot water.
- 4.6. The changing areas are warm and comfortable for the children, and are private from others.
- 4.7. Hot water and liquid soap are available for staff to wash their hands before and after changing a nappy; the changing area will also be cleaned appropriately after use using disposable paper and soap and hot water.
- 4.8. The changing area has paper towels/hand dryer available for members of staff to dry their hands.
- 4.9. Any soiled clothing will be placed in a tied plastic bag in the child's personal bag or box and will be returned to parents/carers at the end of the school day.
- 4.10. Any used nappies will be placed in a tied plastic bag and disposed of in accordance.
- 4.11. Any bodily fluids that transfer onto the changing area will be cleaned appropriately in accordance.
- 4.12. If a pupil requires cream or other medicine, such as for a nappy rash, this will be provided in accordance with the Administering Medication Policy only, and full parental consent will be gained prior to this.
- 4.13. Older children and those who are more able will be encouraged to use the toilet facilities and will be reminded at regular intervals to go to the toilet.
- 4.14. Members of staff will attempt to get children used to using the toilet and encourage them to be as independent as possible. Nursery children will be supported in toilet training.
- 4.15. Children will be reminded and encouraged to wash their hands after using the toilet, following the correct procedures for using soap and drying their hands.

## Parental engagement

- 5.1. The school will liaise closely with parents/carers to establish individual intimate care programmes for each child which will set out the following:
  - What care is required
  - Number of staff needed to carry out the care
  - Any additional equipment needed
  - The child's preferred means of communication, e.g. visual/verbal, and the terminology to be used for parts of the body and bodily functions
  - The child's level of ability, i.e. what procedures of intimate care the child is able to do themselves
  - Any adjustments necessary in respect to cultural or religious views
  - The procedure for monitoring and reviewing the intimate care plan
- 5.2. Any information concerning the child's intimate care will be stored confidentially, and only the parents/carers and the designated members of staff responsible for carrying out the child's intimate care will have access to the information.
- 5.3. The parents/carers of the child are required to give consent to provide their agreement to any intimate care; no intimate care will be carried out without prior parental consent.
- 5.4. In respect of the above, if no parental consent has been given and the child does not have an intimate care plan, but the child requires intimate care, parents/carers will be contacted by phone in order to gain consent.
- 5.5. Any changes that may need to be made to a child's intimate care plan will be discussed with the parents/carers to gain consent.
- 5.6. Parents/carers will be asked to supply the following items for their child's individual storage box or bag:
  - Spare nappies
  - Wipes, creams, nappy sacks, etc.
  - Spare clothing
  - Spare underwear
  - Training seat for the toilet

### Safeguarding procedures

- 6.1. The school adopts rigorous safeguarding procedures in accordance with the Child Protection and Safeguarding Policy, and will apply these requirements to the intimate care procedures.
- 6.2. The school will ensure that all adults providing intimate care have undergone an enhanced Disclosure and Barring Service (DBS) check enabling them to work with children.
- 6.3. All members of staff will receive safeguarding training on an annual basis and will receive further training and support where necessary.
- 6.4. All members of staff are instructed to report any concerns about the safety and welfare of children with regards to intimate care, including any unusual marks, bruises or injuries, to the designated safeguarding lead (DSL), Miss Fiona Bennett and record this, in accordance with the school's Whistleblowing Policy.
- 6.5. Any concerns about the correct safeguarding of children will be dealt with in accordance with the Child Protection and Safeguarding Policy and the Allegations of Abuse Against Staff Policy.

## Monitoring and review

- 7.1. This policy will be reviewed annually by the Executive headteacher (DSL) and EYFS lead teacher (DDSL) who will make any changes necessary and communicate these to all members of staff.
- 7.1.1. All members of staff are required to familiarise themselves with this policy as part of their induction program.





Autumn Term 2022

Dear Parents,

I am writing to you regarding occasions when your child may need support with intimate care routines. We have an intimate care policy in place to ensure that your child's needs are met in a professional and dignified manner at all times.

I would be grateful if you could sign and return the slip below once you have read the policy and agree to the school carrying out 'intimate care' procedures when necessary.

Yours sincerely,
EYFS Teacher & Miss F Bennett Executive Headteacher
I have read a copy of the School's 'Intimate Care Policy.'
I agree to the school carrying out 'intimate care' on my son/daughter when necessary.
Signed:
Name:
Name of child:
Date:



# Appendix 2

# TOILET TRAINING/CHANGING RECORD

(to be completed after each 'intimate care' activity)

Date	Time	Child's Name	Adult's initials	Comment e.g. what was done to the child	Parent Informed